



ANNUAL REPORT **IMPACT**
2025

our mission

To create an inclusive world by supporting and strengthening the healthcare and mental health system in communities affected by conflict or disaster so they may regain control of their own health and wellbeing.

our vision

A world in which people in fragile and conflict settings can actively contribute to rebuilding their own lives, health and wellbeing. We believe even the most vulnerable people have the inner strength to (re)build a better future for themselves and those around them.



where we work



our approach

HealthNet TPO's approach is grounded in the belief that sustainable change in fragile and conflict-affected settings must be locally led, culturally responsive, and designed to strengthen resilience over time. By placing mental health and psychosocial support (MHPSS) at the centre of the Humanitarian–Development–Peace Nexus, we work across immediate needs, long-term systems, and social cohesion. Through strong local partnerships and community-based action, we support people's agency, reinforce existing capacities, and help create conditions for recovery, wellbeing, and lasting peace.



Essential healthcare

We offer essential health services, because in times of need access to regular healthcare is often withdrawn.



Community resilience

We build community resilience by helping communities to regain trust in themselves and in their future.



Safe spaces and services

We offer safe spaces and services for women and children, since they are often the ones suffering the most from conflict.



Mental health and psychosocial support

We offer mental health support, because people who are mentally healthy can cope with challenging situations better.

our impact in 2025

7M

people reached by
healthcare projects
across four countries

3.5M

people reached and
sensitised with health
education messages

1.5M

people treated for malaria,
pneumonia, diarrhoea, TB,
and HIV/AIDs

178k

people who received
mental health and
psychosocial support



د رواني ټول

مرکز ته بنسټ

به مرکز مش

اجتماعي خدمت

PSYCHOSOCIAL
CENTER (PSCC)

DH, ... at

Afghanistan: our impact in 2025

Afghanistan's humanitarian crisis continued in 2025, with 21.9 million people—nearly half the population—requiring assistance amid economic collapse, climate shocks, and restrictive policies that disproportionately affect women and girls. In this challenging context, HealthNet TPO sustained essential, comprehensive health and nutrition services in Kunar and Paktia through the Basic Package of Health Services (BPHS) and the Essential Package of Hospital Services (EPHS), integrating mental health and psychosocial support (MHPSS) and nutrition across all interventions.

In August 2025, when an earthquake struck Kunar and Nangarhar provinces, HealthNet TPO deployed medical teams within minutes to deliver lifesaving emergency care. This rapid response was followed by the deployment of mobile MHPSS teams, which provided psychosocial first aid and referrals to remote and hard-to-reach communities.

Across Afghanistan, HealthNet TPO advanced the integration of eye care services; continued targeted supplementary feeding programmes to address malnutrition among children under five and pregnant and breastfeeding women; strengthened maternal and child health and youth mental health services; supported polio eradication for returnees; and expanded primary health care and immunisation coverage. These efforts were delivered in partnership with European Commission, OCHA, UNDP, UNFPA, UNHCR, UNICEF, WFP, WHO, the Fred Hollows Foundation, the Gates Foundation and MSF Belgium.

A key milestone in 2025 was the graduation of male and female health psychosocial counsellors, strengthening national capacity to deliver integrated, gender-sensitive mental health services.

6.2M

outpatient consultations

1.1M

*people treated for malaria,
pneumonia, diarrhoea*

86k

*women supported by
skilled birth attendants*

172k

*people who received mental
health and psychosocial
support*

First on the ground after the earthquake: Reaching families cut off in Arit Valley

On 31 August, a 6.0 magnitude earthquake struck eastern Afghanistan, affecting the provinces of Kunar, Laghman, Nangarhar, and Nuristan. Almost 2,000 people were reported killed in the first days, with hundreds more injured as access to remote areas remained limited.

HealthNet TPO launched an emergency response immediately. Local health staff kept health facilities open overnight to provide first aid and urgent care, while mobile medical teams were deployed to reach communities cut off by landslides and damaged roads.

One of the areas most difficult to access was Arit Valley in Kunar province, home to approximately 10,500 people. Villages including Ghundai, Loy, Salambat, Danesbat, and Kanda remained unreachable for several days, as helicopters were unable to land and road access was blocked.

Dr. Shahid, HealthNet TPO's Quality Improvement Manager, described the decision to continue on foot when air support was not possible: "By the third day, I decided we could no longer wait. I made a personal commitment to reach Arit Valley at any cost."

Carrying essential medicines and supplies, HealthNet TPO teams walked for more than three hours through mountainous terrain to reach the valley. Once there, they established mobile service points and began treating injured community members.

HealthNet TPO's rapid mobilisation helped ensure that even isolated communities received medical support in the critical early phase of the response.



By the third day, we could no longer wait. I decided to reach Arit Valley on foot.

— Dr. Shahid, HealthNet TPO
Afghanistan





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“Bringing mental health support directly to affected communities reduced barriers such as stigma or distance, and provided immediate assistance to individuals coping with trauma.”

— Dr. Fawzia Naeem, HealthNet TPO
Afghanistan



Bringing mental health care to the earthquake-affected communities in Kunar

In the aftermath of the earthquake, the needs of affected communities extended far beyond physical injuries. According to official figures*, around 2,000 people lost their lives, 3,631 were injured, and 8,489 houses were destroyed, displacing thousands of families. Twenty-two health facilities were damaged, further limiting access to care when support was most needed.

As part of the recovery effort, HealthNet TPO ensured that mental health and psychosocial support was included alongside emergency health services. Between October 2025 and January 2026, HealthNet TPO operated four mobile Mental Health and Psychosocial Support (MHPSS) outreach teams across earthquake-affected districts in Kunar.

The teams provided psychological first aid, counselling, and referrals, bringing care directly to communities where distance, stigma, and damaged infrastructure made access difficult. They also strengthened local recovery by working with community volunteers and reinforcing referral pathways for people requiring specialised services.

For many families, these mobile teams represented the first opportunity to speak about distress and receive support close to home. “The MHPSS teams gave people mental peace, information about mental health issues, and ways to manage their emotions,” explained Marwa Pason, Psychosocial Support Counsellor.

Through this initiative, HealthNet TPO reached more than 18,500 people across four districts, helping communities restore a sense of stability, connection, and resilience as they rebuilt their lives.

**Source: Joint Rapid Recovery Needs Assessment Report: United Nations Afghanistan and partners.*



Projects in Afghanistan

Infectious Disease Detection, Prevention and Treatment

Preventing and controlling infectious diseases remains critical to safeguarding Afghanistan's most vulnerable populations, including vulnerable refugees, returnees, and mobile communities. Through early detection, vaccination, targeted treatment, and the strengthening healthcare systems, HealthNet TPO is building the capacity needed to detect, respond to and contain disease outbreaks more effectively.

Strengthen basic health services, immunisation and polio eradication - Gates Foundation

📍 Eastern and Southeastern provinces

Health system strengthening to address HIV, TB and Malaria - UNDP

📍 National

Mental Health and Psychosocial Support (MHPSS)

The worsening of mental health conditions is a growing crisis in Afghanistan. HealthNet TPO integrates MHPSS into healthcare services, ensuring access to community-based support, specialised mental health care, and hospital-based interventions. Through these projects, we provide psychological first aid, strengthen referral pathways, and improve access to care for those experiencing trauma and distress.

Strengthening Mental Health and Psychosocial Support (MHPSS) services in Afghanistan - European Commission/DG INPTA

📍 34 provinces & training facilities in Herat, Kabul & Mazar i Sharif

Supporting the National Mental Health Hospital

📍 Kabul

MHPSS outreach to the earthquake affected population - WHO

📍 Kabul

Dissemination of the findings of the Child and Adolescent Mental Health (CAMH) status report and development of country action plan - UNICEF

📍 Kabul

Malnutrition Prevention and Treatment

Malnutrition remains a major challenge in Afghanistan, affecting children's growth and survival. HealthNet TPO implements nutrition programmes that provide targeted supplementary feeding, integrate nutrition services into hospitals, and support families with life-saving interventions. These efforts ensure that malnutrition is prevented and treated, particularly in crisis-affected areas.

Targeted Supplementary Feeding Programme - World Food Programme (WFP)

📍 Kunar, Laghman, Kabul, Khost and Paktia

Essential Health Services

Access to essential healthcare remains a challenge in Afghanistan, particularly for women and children. HealthNet TPO strengthens health services by supporting hospitals, emergency response mechanisms, and integrated healthcare programmes. These interventions aim to reduce maternal and child mortality, improve emergency care, and expand healthcare access in underserved regions.

Health Emergency Response (HER) - UNICEF/ARF

📍 Khost, Kunar, Laghman and Paktia

Impact Research Programme - University of York

📍 National

Strengthen health services in areas of return - UN OCHA

📍 Kunar and Laghman

Increased access to integrated mother and child health services - UNFPA

📍 Nangarhar, Herat, Nimruz, Farah, Ghor, Kapisa, Parwan, Khost, Paktia, Laghman, Kunar, Nangarhar and Kabul.

Accessible Eye Care 2025 - The Fred Hollows Foundation

📍 Kabul & four provinces in eastern and south eastern Afghanistan

Adolescent Health Programme 2025 - UNFPA

📍 National

Improving access to lifesaving healthcare services for returnees and drought-affected populations - UN OCHA

📍 Paktia and Kunar

Torkham Emergency Response and Trauma Care Centre - WHO

📍 Nangarhar

Support for additional midwife staff in BPHS and EPHS health facilities - Médecins Sans Frontiers (MSF) Belgium

📍 Khost



Burundi: our impact in 2025

Burundi remained relatively stable in 2025, but the escalation of conflict in eastern Democratic Republic of Congo (DRC) significantly affected the country. In March, the M23 armed group seized the strategic cities of Goma and Bukavu, triggering large-scale displacement and the arrival of around 70,000 Congolese refugees and asylum seekers into Burundi. The situation deteriorated further in December when M23 forces captured Uvira, just 15 kilometres from Bujumbura, prompting an additional influx of an estimated 100,000 refugees. These developments placed significant pressure on already limited health services in refugee camps and transit sites.

As a health and nutrition partner to UNHCR, HealthNet TPO supported the delivery of essential healthcare services for refugee populations. In response to the sudden influx, the organisation rapidly deployed mobile medical teams and established mobile clinics to ensure access to basic health services for newly arrived refugees.

HealthNet TPO provided integrated life-saving services, including primary health care, maternal and child health services, vaccination, disease prevention and referral of severe cases. Mental health and psychosocial support (MHPSS) was also provided through psychological first aid, counselling, and community-based activities, with targeted support for vulnerable groups such as children and unaccompanied minors.

150k

outpatient consultations

5,342

people who received people who received mental health and psychosocial support

2,194

women supported by skilled birth attendants

2,315

people receiving family planning services

Rebuilding connection at home: Maya's story.

Mental health support during the MPOX response helped parents strengthen communication with children and rebuild family connection in a time of uncertainty.

When Maya returned home after being hospitalised during the MPOX outbreak in northern Bujumbura, something felt different. Her children were quieter than usual, less expressive, and seemed closer to their aunt than to her.

Maya joined a local group therapy programme for parents, where she found space to reflect and learn alongside other caregivers. Through guided sessions and play-based activities, she began to understand how stress affects family relationships — and how small changes in communication can help children feel safe again.

“I learned how to give them play time,” she says. “They opened up. And I learned to listen.”

With time, Maya noticed a shift at home. Her children became more relaxed and open, and she felt more confident in how she supported them. For her, mental health and psychosocial support was not about diagnosing problems — it was about rebuilding connection and restoring balance in everyday life.

During health emergencies, this kind of support helps families cope, recover, and strengthen resilience together.



Photos credit: Spring Communities

Projects

Improvement of health and nutritional conditions for populations in refugee camps and transit centres - UNHCR

Bubanza, Bujumbura, Cankuzo, Cibitoke, Makamba, Muyinga, Ngozi, Rumonge, Ruyigi

Strengthening the protective environment and providing a package of services to children affected by the humanitarian emergency - UNICEF

Gateri and Mubimbi



Colombia: our impact in 2025

2025 marked a significant milestone for HealthNet TPO in Colombia, as it concluded the fifth and final year of the Women Advocates for Peace programme under the Women, Peace and Security (WPS) agenda.

Although Colombia is often not perceived as a country facing acute humanitarian crisis and is classified as a middle-income country, it remains one of the countries most affected by forced displacement. After Sudan and Syria, Colombia has the third highest number of people forcibly displaced by armed conflict worldwide. In addition, decades of internal conflict have left deep and lasting impacts on the population, particularly on women, girls, and Indigenous communities.

Over the past five years, and building on a previous WPS programme, HealthNet TPO strengthened protection services and health promotion in Colombia by increasing access to mental health and psychosocial care and fostering safer, more supportive communities. Working closely with community agents, the programme enhanced local mental health capacities, supported social cohesion, and contributed to the prevention of gender-based violence, empowering individuals and communities to realise their rights and play an active role in peacebuilding.

200

*people reached with
advocacy initiatives*

216

*local agents of change
trained on MHPSS*

337

*people who received mental
health and psychosocial
support (incl. self-care)*

“It takes courage to be here”: Zulay’s story

In La Macarena, a region shaped by decades of conflict and isolation, many women carry heavy responsibilities — caring for families, leading community initiatives, and navigating the long-term impacts of violence and mistrust. Yet psychological support remains difficult to access, and stigma often keeps people silent.

Zulay Bonilla Valencia, a 48-year-old Afro-descendant woman from La Macarena and a respected community leader, is one of these women. Like many others in the region, she carried her own emotional burdens while caring for others, often limiting her own space and voice.

“I was a woman who didn’t go out. I didn’t socialise. I stayed at home. It takes courage to be here,” she says.

HealthNet TPO’s Women Advocates for Peace (WAP) programme was designed to respond to this gap. Zulay joined a locally led process focused on collective healing, leadership, and psychosocial wellbeing. With the support of trained facilitators and a small number of counselling sessions, she began to reflect on her experiences and reconnect with herself.

“Being with HealthNet TPO was like a lifeline that arrived at just the right time,” Zulay explains. “Now I can speak more easily about who I was before and who I am today.”

Participation in the programme strengthened Zulay’s confidence, voice, and sense of possibility, showing her she was not alone. She returned to education, completed her high school studies, and became more active as a leader within her community. Her journey shows how psychosocial support, combined with women’s leadership and peer solidarity, can transform individual healing into lasting empowerment.



Projects

Women Advocate Peace - Dutch Ministry of Foreign Affairs

Bolívar, La Guajira, Putumayo and Meta





South Sudan: our impact in 2025

South Sudan remained one of the world's most severe humanitarian crises in 2025, with conflict, climate change, and economic pressures driving displacement and widespread needs for health, nutrition, and protection services. Political tensions increased following the March 2025 decision to place First Vice President Riek Machar under house arrest, adding uncertainty to the peace process as elections are now scheduled for December 2026. Localised violence, flooding, and the regional impact of the war in neighbouring Sudan continued to place pressure on communities and already strained services.

In this context, HealthNet TPO sustained access to essential primary health care across Aweil North, Aweil West, and Raja counties. In 2025, the organisation supported 47 health facilities—including one county hospital, primary health care centres, and primary health care units—through programmes funded by UNICEF and DG ECHO. These facilities provided maternal and child health care, reproductive health services, disease prevention, and referral services for crisis-affected populations.

HealthNet TPO also strengthened community-based protection and psychosocial support through the Leaders of Peace project, creating safe spaces for women and girls, providing counselling for survivors of violence, and promoting more inclusive gender norms and community cohesion.

502k

outpatient consultations

190k

people treated for malaria,
pneumonia, diarrhoea

8,002

women supported by
skilled birth attendants

148

people who received mental
health and psychosocial
support (incl. self-care)

“Now, we talk. Our home feels lighter.” Josephine’s story.

In South Sudan, HealthNet TPO supports women and families through community-based psychosocial services that strengthen relationships, reduce domestic tensions, and help women lead peacebuilding efforts.

At the Women’s Centre in Terekeka, women gather under the shade of acacia trees to speak about Lokole — a local word that describes the weight of emotional distress, grief, and unresolved pain. For many, it is a feeling carried quietly, often alone. HealthNet TPO’s Leaders of Peace programme creates safe spaces where women can process experiences, strengthen resilience, and support each other as leaders in their communities.

But healing is not only individual — it is also relational. The programme includes couples’ sessions, designed to improve communication, mutual respect, and emotional understanding at home. Josephine joined after losing her first child. “We were in desperate need of a space for healing and support,” she recalls.

Through the sessions, Josephine and her husband Zakaria found emotional and social relief that helped them move through grief together. “Now, we talk. We share our pain. Our home feels lighter,” Josephine says. Zakaria adds: “I realised I was also carrying Lokole. I had no words for it before. Now I know we are healing together.”

By fostering empathy within households, the project helps reduce tension and prevent violence, while supporting women and men to become partners in wellbeing — and leaders of peace.



Projects

Leaders of Peace - Dutch Ministry of Foreign Affairs (BUZA)

📍 Terekeka

Integrated Emergency Health, Nutrition, Protection, and Response to Emergencies for Vulnerable Host and Returnee Populations - DG ECHO

📍 Aweil North County, Northern Bahr el Ghazal, South Sudan

Health Sector Transformation Project - UNICEF/World Bank

📍 Aweil West, Aweil North and Raja Counties, South Sudan

Country Coordinating Mechanism - Global Fund

📍 Juba

Geneva Peace Week 2025

In 2025, HealthNet TPO strengthened its international advocacy and visibility by bringing mental health and psychosocial wellbeing into global peace and security discussions.

Selected to present its expertise at the Geneva Peace Week 2025, HealthNet TPO convened a session exploring how mental health and psychosocial support can be systematically integrated into peacebuilding and security frameworks.

Drawing on more than 30 years of experience in fragile and conflict-affected settings, HealthNet TPO shared practical lessons from its Women, Peace and Security (WPS) programmes in South Sudan and Colombia, implemented under the Dutch Ministry of Foreign Affairs' National Action Plan on WPS. Across the lifespan of these projects (2021–2025), sustained exchange, joint reflection, workshops, webinars, and dedicated learning materials enabled teams to explore how community-based psychosocial support strengthens women's leadership and influences broader agendas on peacebuilding and gender-based violence.

These programmes demonstrated that supporting women's psychosocial wellbeing can reinforce participation, resilience, and community recovery. This cross-context learning strengthened HealthNet TPO's advocacy message: **mental and psychosocial wellbeing is not only a health priority, but a foundation for inclusive and lasting peace.**

The Geneva Peace Week session also provided an opportunity to showcase the results achieved through the WPS programmes and brought together HealthNet TPO experts alongside representatives from institutions including IOM, the Dutch Ministry of Foreign Affairs, and peacebuilding professionals. By bridging practice and policy, the discussion contributed to the development of advocacy recommendations positioning mental health and wellbeing as essential components of future peace processes.

visibility and advocacy

Dam tot Damloop 2025

In 2025, HealthNet TPO's advocacy and fundraising efforts helped ensure that the needs of women and girls remained visible in the aftermath of the earthquake that struck eastern Afghanistan on 31 August.

While emergency responses often focus first on injuries and shelter, HealthNet TPO highlighted another urgent reality: **women and girls living in temporary conditions face serious risks when hygiene supplies, privacy, and safe sanitation are missing.** Meeting these needs was essential not only for health, but also for dignity and security.

To respond, HealthNet TPO mobilised supporters in the Netherlands through the **Dam tot Damloop in Amsterdam**, linking public solidarity with practical humanitarian assistance. **The initiative raised €6,000**, making it possible to **provide 100 dignity kits** to women and girls affected by the earthquake.

These kits, distributed through HealthNet TPO's mobile health and psychosocial support teams, included essential items such as soap, menstrual pads, underwear, towels, scarves, and solar torches. They helped women and girls manage menstruation safely, reduce the risk of infection, and regain a sense of stability.

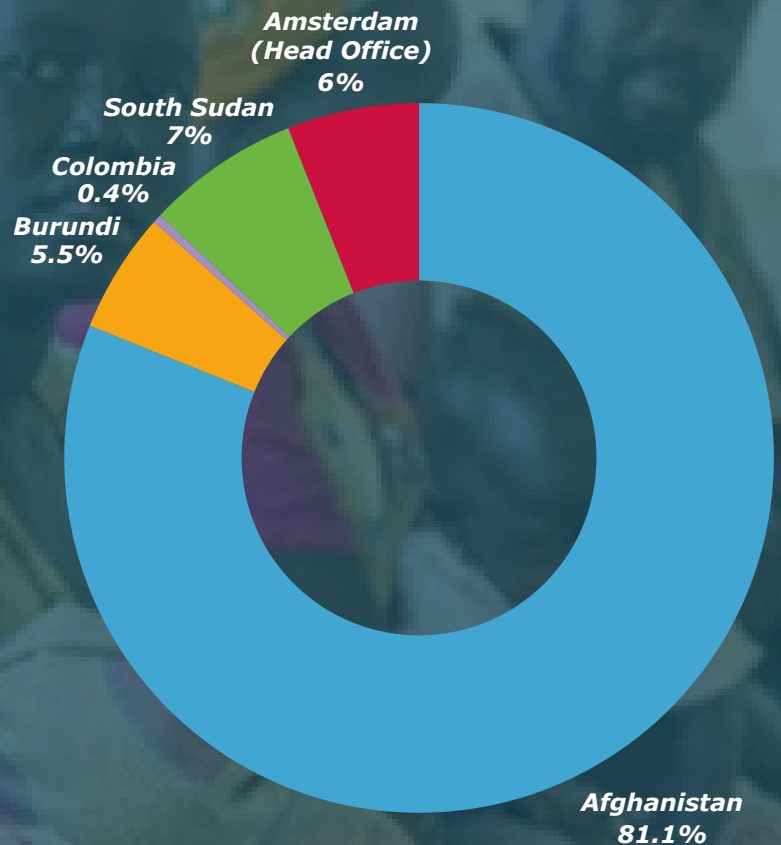
By combining advocacy with community fundraising, HealthNet TPO strengthened awareness of gender-responsive humanitarian needs.



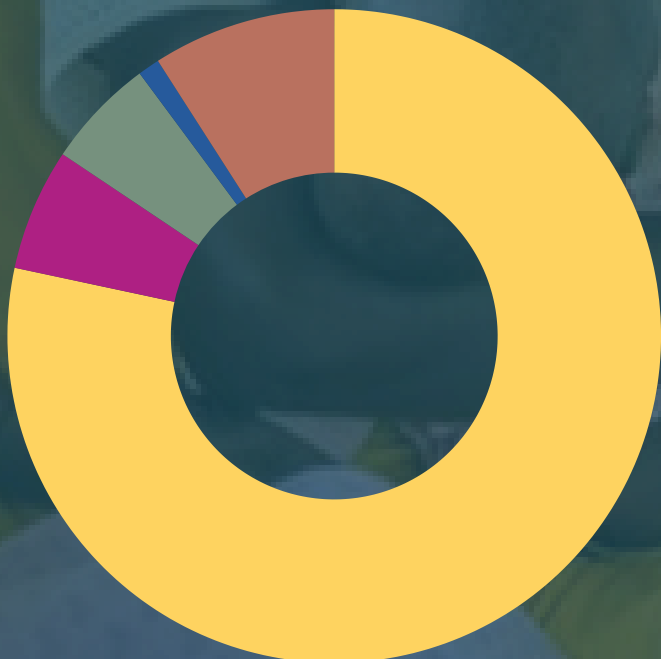
financial overview

In 2025, HealthNet TPO operated in an increasingly constrained and uncertain funding environment, which continued to place pressure on programme delivery and organisational capacity. Despite these challenges, the organisation sustained essential mental health and healthcare services across the countries where we operate, through strong collaboration and careful financial management. However, ongoing funding limitations have restricted the ability to build financial reserves and further invest in internal systems. HealthNet TPO remains committed to strengthening its financial resilience while continuing to deliver high-impact services to communities in need.

Expenses



Institutional donors



organisational outlook

2025 was a year that required steadiness, collaboration, and clear priorities. In a global environment marked by shrinking humanitarian funding, complex operating conditions, and prolonged crises, HealthNet TPO remained focused on its core mandate: delivering essential health services and integrated mental health and psychosocial support to communities most in need.

Throughout the year, our teams in Afghanistan, South Sudan, Burundi and Colombia continued to operate in challenging and often unpredictable contexts. Their ability to sustain services under such conditions reflects not only technical expertise, but also strong partnerships, local knowledge and a shared commitment to principled humanitarian action. In 2025, HealthNet TPO made tangible progress in embedding MHPSS across health, protection and emergency responses, translating strategic intent into consistent operational practice.

Alongside programmatic delivery, we continued to strengthen key organisational foundations. Important steps were taken to advance monitoring, evaluation, learning and operational research, while our communications, visibility and advocacy efforts matured further. Engagement with institutional donors, UN agencies and peer organisations deepened, reinforcing HealthNet TPO's role as a reliable and specialised partner in fragile and conflict-affected settings.

At the same time, 2025 confirmed the structural pressures facing organisations like ours. Financial resilience remains a shared concern across the sector, and HealthNet TPO is no exception. While delivery remained strong, progress in building reserves and further strengthening internal financial systems was constrained by the broader funding environment and the nature of project-based financing. Audit findings and internal reviews have provided clear guidance, and these are being actively addressed as part of our ongoing governance and risk-management efforts.

Contextual challenges also continued to shape our work. Access restrictions and regulatory constraints, particularly in Afghanistan, required close coordination with partners and ongoing adaptation of programme modalities. Safeguarding participation, including that of female staff and community members, remains central to our operational decision-making and dialogue with stakeholders.

As we look ahead, the experience of 2025 informs our priorities for the coming period. Strengthening organisational resilience, diversifying income streams and consolidating digital and PMEAL systems will be essential to sustaining impact over time. At the same time, we remain firmly committed to deepening integrated MHPSS and community resilience programming as a core contribution to health, dignity and recovery in fragile contexts.

I would like to express my sincere appreciation to our staff, partners, donors and supporters for their continued trust and collaboration throughout 2025. In a year that demanded flexibility and shared responsibility, your engagement enabled HealthNet TPO to remain effective, accountable and forward-looking. Together, we continue to build an organisation that delivers impact today while strengthening its capacity for the years ahead.

Hans Grootendorst
Managing Director





restoring **health**
rebuilding communities

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